

# Sample Memory Support Calendar

# EMPOWERED LIVING® EVENTS

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	9:00 Good morning Room Visits 9:15 This Day in History & Fun Facts 9:30 Care Partner Spa Services <b>10:30</b> ➔ Beach Ball Chair Disco 11:00 Blackjack 12:45 * MUSICAL SERENADE 1:30 * Travelogue [MC] 2:00 Prize BINGO 3:30 ♡ Adult Coloring & Relaxing Music 4:15 🍷 Mini Hand Massages with Aromatherapy 6:00 * Movie of the Day	9:00 Good morning Room Visits 9:15 This Day in History & Fun Facts 9:30 Care Partner Spa Services 10:00 🍷 Meditation Music & Aromatherapy <b>11:00 EmpowerMe Movement Therapy</b> <b>1:15 Tuesday Tea Time</b> <b>2:00</b> * Tai Chi Class w/Jack [MS] 3:00 ♡ Word Scramble 4:00 Late Afternoon Yoga & Stretch 6:00 * Movie of the Day	9:00 Good morning Room Visits 9:15 This Day in History & Fun Facts 9:30 Care Partner Spa Services 9:30 SINGFIT 10:30 ♡ How Many Words? Word Game 11:00 * Prize BINGO 1:15 🍷 Musical Serenade <b>2:00</b> 🍷 No Bake Club: Red White & Blue Yogurt Bars <b>2:45 TimeSlips Greenstaff with Cynthia</b> 3:45 🍷 Mini Manicures with Lora 6:00 * Movie of the Day	9:00 Good morning Room Visits 9:15 This Day in History & 4th of July Fun Facts 9:30 Care Partner Spa Services <b>9:30</b> ♡ Trivia with Rich 10:30 Rick Steves: Europe's Travel Guide <b>11:00 EmpowerMe Movement Therapy</b> 1:00 ♡ 4th of July BINGO 1:30 ➔ Gentle Stretch with Lora <b>1:45</b> ➔ Youtube: 4th of July Firework Displays 2:30 * 4th of July Craft with Lora <b>3:00</b> ♡ Blackjack <b>3:30</b> 🍷 Patriotic Karaoke 6:00 * Movie of the Day	9:00 Good morning Room Visits 9:15 This Day in History & Fun Facts 9:30 🍷 Beachball Volley 9:30 Care Partner Spa Services 10:00 Memory Lane 10:30 ♡ Jigsaw Puzzle Fun 10:30 Storytelling & Story Sharing 11:00 * Hand Massages with Aromatherapy 11:30 * Mini Manicures <b>1:00</b> Trivia/Brain Games 1:30 ♡ Prize BINGO 3:00 Happy Hour w/ Live Music 6:00 * Movie of the Day	9:00 Good morning Room Visits 9:15 This Day in History & Fun Facts 9:30 Care Partner Spa Services 9:30 🍷 SINGFIT 10:00 Adult Coloring <b>11:00 Prize BINGO</b> 11:30 * Sing-Along with Susie Q 2:00 ART PROJECTS 3:00 ♡ Scenic Drive Outing <b>4:00 Corn Hole</b> 6:00 * Movie of the Day
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